



Chandler Unified School District

SPM100A Sports Medicine 1
SY 2023-24



Course Overview

Course Description

This course is designed for students interested in learning prevention, treatment, and rehabilitation of athletic injuries. Topics include anatomy, physiology, first aid, CPR, physical conditioning, nutrition, therapeutic modalities, and therapeutic exercise. CPR for healthcare provider certification will be obtained. Students will have the opportunity to participate in HOSA: Future Health Professionals. Students participating in the after-school Sports Medicine Student Aide Club must be enrolled in Sports Medicine 1. At Chandler High School, 11th and 12th-grade students in this course may be eligible to participate in the IB Career-Related Program (IBCP).

AP/IB/Dual Enrollment

This not an AP, IB, or Dual Enrollment course.

Prerequisite/Fee(s)

\$25

Course Materials

Access to a computer with internet
Loose Leaf Paper (About 25 pages per semester)
Pocket Folder or Other Organization Folder
Pencils and Pens

Course Attire: Students are responsible for the following

Moveable clothing and sneakers for some labs

Adopted Resource(s)

Anatontage Table*
Essentials of Athletic Injury Management by William Prentice 11th Edition

**An asterisk will indicate a resource containing sexually explicit materials per legislative definitions. CUSD has determined that all resources listed above are of exceptional educational value.*

Site and Faculty Information

School name and address:

Camille Casteel High School, 24901 S Power Rd, Queen Creek, AZ 85142

Building principal:

Jayson Phillips
phillips.jayson@cusd80.com

Teacher:

Rebecca Halstead AT, ATC BS Athletic Training & Pre-Medicine Minor
halstead.rebecca@cusd80.com

Office hours: Wednesday and Thursday Mornings or by appointment

Course Access

This course is taught in-person at Camille Casteel High School. Students will have access to the curriculum and instruction in the classroom. Google Classroom is the primary location for students to access material when absent from classes taught in person.

Equipment Usage Agreement:

Students will receive training for the proper use and care of all equipment. I understand that while my student uses school equipment, they are responsible for its care. If school equipment is damaged, lost, stolen, or destroyed under my student's care, I further understand that my student and I will be responsible for the replacement or cost of repair of the damaged equipment.

CTE Program Responsibilities:

Career & Technical Student Organization (CTSO)

Career & Technical Student Organizations (CTSOs) are co-curricular organizations that help enrich applied academics, communications, and teamwork. Students in CTE programs can participate in CTSO leadership activities and competitive events.

This program is aligned with the following CTSO: HOSA.

Industry Credentials

CTE programs allow each student to earn an industry certification aligned to their CTE program area. This CTE program will offer the following industry credential(s) for all students by program completion:

- BLS Certification
- Stop the Bleed

Technical Skills Assessment (TSA)

Technical Skills Assessments (TSA) are an Arizona Department of Education high-stakes state assessment designed for each program area. The TSA is to certify and document student attainment of industry-validated knowledge and skills through online testing. The TSA is taken after the CTE program (year 2 or 3) of each program.

Non-Discrimination Clause/ Aviso de no discriminaci3n

The non-discrimination clause can be accessed using the link or QR code (www.cusd80.com/Page/983)



Help

Academic Support

- Contact the teacher to schedule an appointment during office hours
- [Ed Tech](http://www.cusd80.com/Page/45109) support for students, parents/guardians, and community link ([cusd80.com/Page/45109](http://www.cusd80.com/Page/45109))

Mental Health Support

- CUSD mental health support [cusd80.com/Domain/10528](http://www.cusd80.com/Domain/10528) or 480-573-8808 (talk or text)
- Suicide & Crisis Lifeline: 9-8-8 hotline
- 24-hour Crisis Line Talk: 602-222-9444, Text: 741-741

Student Conduct, Success, and Responsibilities

Student Handbook

Students must follow the policies and procedures established in the Student Handbook. Copies of the handbook can be found at [cusd80.com/handbooks](http://www.cusd80.com/handbooks). Printed copies will be provided upon request.

Student Responsibilities

Policies on Cheating/Plagiarism:

No one benefits from cheating/plagiarizing. If caught cheating/plagiarizing, you and the person you cheated/plagiarized from will receive a 0 on the assignment and an appropriate course of action will be exercised. If the assignment is for another class, that teacher will be notified and they will issue their consequence. Cheating is defined as acting dishonestly or unfairly in order to gain an advantage, especially in a game or examination.

Plagiarism is the practice of taking someone's work or ideas and passing them off as one's own.

Sources: Google Dictionary

Electronic Device Policy:

It is the school's policy to allow electronic devices to be used in the classroom per teacher discretion. There is a great benefit to using electronic devices to enhance engagement and learning. Participation in this class requires the use of an electronic device – phone, computer or tablet. It is expected that all students will use technology with respect and professionalism. When doing lab activities, it is expected that electronic devices are put away so they do not get damaged or stolen. I (Mrs. Halstead), Camille Casteel High School, and CUSD are not responsible for any damages or lost electronic devices.

It is the responsibility of the student and the parent to ensure that they are accessing the course material appropriately and following the guidelines set forth by their family.

Tardy:

Being a student is your job. Be on time for your job. Tardy is defined as being in your seat, working on the assignment from the teacher when the final bell rings.

Late work

All work is due by the posted date and time assigned by the teacher. If submitted after the due date/time the following consequences may be applied.

Less than 48 hours late = 50%

48+ hours late = 0%

If you are to be absent from class for any reason for several days it is your responsibility to communicate with the instructor. All work can be found on Google Classroom (through the stream and classwork tabs) and it is your responsibility to complete any missed assignments. Questions regarding work assignments while being absent please contact your instructor. Students who have excused absences have at least one day every day they are absent to make up the work they missed. If you are absent on the day a physical assignment is due, it is due the day you return. Teacher discretion may be exercised in different situations.

Assessments and Assignments

Students will complete assessments during each unit of study to assess their understanding. Students will complete the CUSD Common Final at the end of the first and second semesters. The Common Final will count for 20% of the student's final semester grade in grades 9-12 and 10% in grades 7-8 (some exceptions may apply at the Junior High level). Common finals will be in ELA, Math, Science, Social Science, and World Language.

Final exams will be given during the CUSD Jr High/High School Early Dismissal days in December and May, as identified on the [District Calendar](#).

If students are requested to participate in a survey, the survey questions will be provided to parents/guardians seven days before student contact.

Grading

Grade Percentage

A	B	C	D	F
90% - 100%	80% - 89%	70% - 79%	60% - 69%	<60%

Quarter grades

This class is graded using a points based system. Everything pulls equal weight, but certain assignments/tests/labs/etc. may be worth more points. Assignment point values vary. Most tests/quizzes are 100 points regardless of the number of questions. You will have projects in this class that range in points from 50-400 point. On longer projects, students may be given points for in class time work and this is in addition to the total points of the project.

*I reserve the right to round grades up as I see fit at the end of each QUARTER. Infinite Campus does NOT automatically round up

*Not all assignments given in Google Classroom relate to a grade in Infinite Campus. Be sure to use Infinite Campus to monitor your progress.

* Students are responsible for keeping track of their own grades.

Semester grades

Semester grades are calculated using 40/40/20: Each quarter accounts for 40% of the semester grade and the final exam accounts for the remaining 20%.

Units of study

Units for SPM100A Sports Medicine 1

Intro to Sports Medicine/Sports Medicine Team

Legal Aspects and Ethics

Anatomy and Terminology

Environmental Conditions

Nutrition

CPR (including Certification)

Emergency Situations and First Aid

Injury Prevention

**An asterisk will indicate a unit of study containing sexually explicit materials per legislative definitions.*



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Parents/Guardians should indicate if they "Acknowledge" or have a "Potential Conflict" with their student's participation in the following units by checking the appropriate box for each unit of study listed. Students cannot opt out of a standards-based unit. Marking "Potential Conflict" will prompt the teacher to make contact regarding assignment alternatives.

Unit of study	Acknowledge	Potential Conflict
Intro to Sports Medicine/Sports Medicine Team		
Legal Aspects and Ethics	<input type="checkbox"/>	<input type="checkbox"/>
Anatomy and Terminology	<input type="checkbox"/>	<input type="checkbox"/>
Environmental Conditions	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition	<input type="checkbox"/>	<input type="checkbox"/>
CPR (including Certification)	<input type="checkbox"/>	<input type="checkbox"/>
Emergency Situations and First Aid	<input type="checkbox"/>	<input type="checkbox"/>
Injury Prevention	<input type="checkbox"/>	<input type="checkbox"/>

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Parent/Guardian

Acknowledgment

By signing and returning this form, the parent/guardian acknowledges they have reviewed the resources and units of the study included in the syllabus.

- As the parent/guardian, I understand that I may contact the teacher if I have questions about the resources, content, or units of study.
- As the parent/guardian, I understand I can check my student's grades in Infinite Campus anytime during the school year.

Student name (printed)

Student signature

Parent/Guardian name (printed)

Parent Signature

Date

Please return this page to your student's teacher.